



TAPAS

(V) PATATAS BRAVAS	39
Roasted potatoes with La Barra Bravas sauce	
CHICKEN BAGUETTE	39
Strips of chicken on a toasted baguette	
STEAK BAGUETTE	42
Strips of steak on a toasted baguette	
BOERIE BITES	38
Boerewors in a spicy sauce	
EMPANADILLA	35
Spanish filled pastry	
- Chicken	
- Beef	
- (V) Vegetable	
TORTILLA	
With slaw filling	
- (VE) Falafel	45
- Chicken	47
- Beef	49
- Lamb	54
SAMOOSAS (3)	45
- (V) Cream cheese and jalapeno samoosa's	
- (V) Cheese and corn samoosa's	
- (VE) Potato and pea samoosa's	
- Beef mince samoosa's	
- Lamb mince samoosa's	
- Chicken mince samoosa's	
BOWL OF OLIVES	29
CHICKEN WINGS (4)	44
Sweet chilli or Spicy	
CHICKEN STRIPS	42
Crumbed chicken strips with sweet chilli sauce	
CHICKEN LIVERS	42
Chicken livers in a spicy sauce	
BRAAI BROODJIE	49
Tomato, onion, dijon, cheese and jamon on toasted bread	

MAINS

(V/VE) SUMMER SALAD	54
HOUSE SALAD	69
SPICY CHICKEN SKEWER	58
Spiced chicken, chorizo, onion and red pepper (2 Skewers for 99)	
SINGLE PAN TORTILLA	49
Potato, onion and egg omelette (Add Chorizo/Lamb sausage - 20)	
BURGERS	
- La Barra Angus Beef Burger	120
- La Barra Chicken Burger	109
- (V) La Barra Vegetarian Burger	99
THREE AMIGOS	99
Boerewors, spicy chorizo, pork sausage with Patatas Bravas (Lamb and Veg optional)	
PREGO	
- Steak Prego	95
- Chicken Prego	89
- (VE) Vegetarian Prego	89

DESSERT

CHOCOLATE FILLED SAMOOSA (3)	55
Served with ice cream	
PANACOTTA	69



@LABARRA_CAPETOWN



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GIN

- SIX DOGS - 45
- BEEFEATER - 32
- BOMBAY SAPPHIRE - 25
- INVERROCHE - 34
- STRETTON - 26
- GORDONS - 26

VODKA

- RUSSIAN BEAR - 25
- SKYY VODKA - 27
- SMIRNOFF - 22

BRANDY

- FISHEAGLE - 25
- KWV - 25
- KLIPDRIFT - 26

WHISKEY

- BAINS - 28
- GLENFIDDICH 12 - 52
- JAMESON - 32
- JOHNNIE WALKER BLK - 39
- JIM BEAM - 26

TEQUILA

- ESPOLON REPOSADO - 38
- JOSE CUERVO GOLD - 28
- JOSE CUERVO SILVER - 28

SOFT DRINKS 23

COCKTAILS

- 64 STRAWBERRY DAIQUIRI
- 76 MOJITO
- 72 PINA COLADA
- 79 LONG ISLAND ICE TEA
- 70 MARGARITA

BEER

DRAUGHTS

- 48 HEINEKEN
- 48 JACK BLACK PALE ALE
- 48 JACK BLACK LAGER

- 29 BLACK LABEL
- 31 CASTLE LITE

WINE

- 42 | 168 DURBANVILLE HILLS MERLOT
- 48 | 192 ZONNEBLOEM PINOTAGE
- 50 | 200 DURBANVILLE HILLS SPARKLING WINE

- 175 SANGRIA - 1.5L JUG

CIDERS

- 29 HUNTERS DRY
- 29 HUNTERS GOLD
- 31 SAVANNA DRY
- 31 SAVANNA LITE